



**2020-2021 LYFORD CISD COVID-19
Risk Mitigation Guidelines
for Extracurricular Activities**

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Updated September 23, 2020

The following guidance related to UIL activities, extra-curricular clubs and any other student-based program based on the public health situation, as we understand it today, applies to the 2020-2021 school year. This guidance is effective immediately. Changes to the public health situation in the coming months may necessitate changes to this guidance.

LCISD is committed to providing students a safe opportunity to participate in extracurricular activities. LCISD reserves the right to cancel any event, practice, game, etc. based on COVID-19 cases. In order for our students to have the opportunity to participate in each season, it is vital that all students, parents, coaches and staff abide by this plan to prevent cancellations.

Given the varying numbers of COVID-19 cases across different areas of the state, and the vast geographic area in the state of Texas, Lyford CISD in accordance with UIL is presenting COVID-19 Risk mitigation plan for the 2020-21 school year that reflect the situation at this time. Lyford CISD will continue to work with UIL, state officials and monitor CDC and other federal guidance to determine any potential modifications that may become necessary. LCISD will be prepared for the possibility of interruptions in contest schedules. District Executive Committees have been created to work and plan to accommodate, as best possible, for these interruptions.

These guidelines are in addition to guidance issued by the Texas Education Agency (TEA) and intended to be implemented along with [TEA guidance](#), which applies to academic and extracurricular non-UIL activities. The information below meets the requirement for schools to develop a plan for mitigating risk of COVID-19 spread during extracurricular activities. LCISD has taken their local context into account and will follow all state requirements when considering extracurricular activities.

Lyford CISD face covering requirement

Lyford CISD face mask requirement, regarding face coverings, applies to all activities effective July 3, 2020. This includes the 2020-2021 school year. As the public health situation changes, and/or if subsequent Executive Orders are issued by Governor Greg Abbott, these guidelines may be further modified.

1. For the purposes of this document, face coverings include non-medical grade disposable face masks or cloth face coverings (over the nose and mouth) and full-face shields worn with a mask to protect eyes, nose, and mouth.
2. All employees, parents, visitors and students five years of age or older must wear face coverings or face shields upon entry to an area where extracurricular activities are being conducted and when not actively practicing or playing in the contest, unless an exception listed below applies. LCISD asks that any disposable masks not be discarded at any LCISD property.

Exceptions to the wearing of face coverings or face shields include:

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- Any person with a medical condition or disability that prevents wearing a face covering. Documentation must be carried with each individual at all times and must be presented at any time requested;
- While a person is consuming food or drink; or
- Any other reason or circumstance indicated under [Executive Order GA-29](#).

General Operational Guidelines

Required Screening

Required Screening before attending or participating in activities:

For purposes of participating in instructional activities, schools must implement these screening protocols before allowing staff and students to participate in extracurricular activities.

1. LCISD will require coaching/athletics staff to self-screen for COVID-19 symptoms before participating in extracurricular activities or entering areas where extracurricular activities are being conducted. Symptoms are listed at the end of this document. The self-screening will include staff taking their own temperature. Staff must report to the Athletic Director or Lead Trainer if they themselves have COVID-19 symptoms or are test-confirmed with COVID-19, and, if so, they must remain off-campus and away from areas where extracurricular activities are being conducted until cleared by HR to return to work.

Additionally, they must report to the Athletic Director or Lead Trainer if they have had close contact with an individual who is test-confirmed with COVID-19, and, if so, must remain off-campus and away from areas where extracurricular activities are being conducted until cleared by HR to return to work.

All staff will follow LCISD Safety Protocols. For questions, please see your supervisor.

2. Parents must ensure they do not send a student to participate in extracurricular activities if the student has COVID-19 symptoms (as listed in this document) or is test-confirmed with COVID-19 until the below conditions for re-entry are met.

All screening questions will also be asked to students prior to entry area where extracurricular activities are being conducted.

Refusal to participate in screening will result in all individuals being restricted from entering facilities and/or participating in extracurricular activities.

3. Before visitors are allowed access to areas where extracurricular activities are being conducted, LCISD will screen all visitors to determine if they themselves have COVID-19 symptoms (as listed in this document) or are test-confirmed with COVID-19, and if so, they must remain off-campus and away from areas where extracurricular activities are being conducted until they meet the criteria for re-entry as noted below.

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Additionally, LCISD will screen to determine if visitors have had close contact with an individual who is test-confirmed with COVID-19, and if so they must remain off-campus and away from areas where extracurricular activities are being conducted until the 14-day incubation period has passed. When practical, screening questions will be supplemented with temperature checks of all visitors.

Refusal to participate in screening will result in all individuals being restricted from entering facilities and/or participating in extracurricular activities.

4. LCISD is permitted to prevent any individual who fails the screening criteria from being admitted into school facilities or sites where extracurricular activities are being conducted until they meet the criteria for re-entry as described below. Any individual for whom screening cannot be confirmed should be presumed symptomatic until confirmed otherwise.

Individuals Confirmed or Suspected with COVID-19

- Any individuals who themselves either: (a) are test-confirmed to have COVID-19; or (b) experience the symptoms of COVID-19 (listed below) must stay at home throughout the infection period, and will not return to campus/athletics until the school system screens the individual to determine any of the below conditions for campus re-entry have been met:
 - In the case of an individual who was diagnosed with COVID-19, the individual may return to school when all three of the following criteria are met:
 1. at least one day (24 hours) have passed since recovery (resolution of fever without the use of fever-reducing medications);
 2. the individual has improvement in symptoms (e.g., cough, shortness of breath); and
 3. at least ten days have passed since symptoms first appeared.

For guidance on allowable medical clearance, see the LHS Nurse or Lead Athletic Trainer.

- In the case of an individual who has symptoms that could be COVID-19 and who is not evaluated by a medical professional or tested for COVID-19, such individual is assumed to have COVID-19, and the individual may not return to the campus until the individual has completed the same three-step set of criteria listed above. Students must obtain medical clearance to return to school. Any siblings of someone to experience or have COVID-19 will be required to quarantine fourteen days. For guidance on allowable medical clearance, see the LHS Nurse or Lead Athletic Trainer.
- If an individual has symptoms that could be COVID-19 and wants to return to school before completing the above stay at home period, the individual must either (a) obtain a medical professional's note clearing the individual for return based on an alternative diagnosis. For guidance on allowable medical clearance, see the LHS Nurse or Lead Athletic Trainer.

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- In addition to the criteria and processes described above, a student who has been diagnosed with COVID-19 must receive clearance from a physician prior to returning to participation in extracurricular activities. For guidance on allowable medical clearance, see the LHS Nurse or Lead Athletic Trainer.

The LHS Nurse and/or Lead Athletic Trainer will have final determination of return for all students participating in extracurricular activities.

Coaches/Sponsors are prohibited to allow students to attend practice, enter facilities, ride buses or participate in extracurricular activities if they have not been cleared to return to school/activities by the LHS Nurse or Lead Athletic Trainer.

Identifying Possible COVID-19 Cases on Campus

- LCISD will immediately separate any student who shows COVID-19 symptoms while at school until the student can be picked up by a parent or guardian. Parents will be required to pick up students within 30 minutes of being contacted. Students will be isolated while waiting for their parent to pick them up.
- LCISD will clean the areas used by the individual who shows COVID-19 symptoms while at school (student, teacher, or staff) immediately. Coaches/ Sponsors will immediately notify their supervisor of students/staff with symptoms.
- Students who report feeling feverish should be given an immediate temperature check to determine if they are symptomatic for COVID-19.

Close Contact

This document refers to “close contact” with an individual who is lab-confirmed to have COVID-19. The definition of close contact is subject to change based on UIL, CDC and/or TEA guidance. Individual scenarios will be determined by an appropriate public health agency. In general, close contact is defined as:

- a) being directly exposed to infectious secretions (e.g., being coughed on); or
- b) being within 6 feet for a largely uninterrupted or sustained extended contact period, throughout the course of a day, of approximately 15 minutes; however, additional factors like case/contact masking (i.e., both the infectious individual and the potential close contact have been consistently and properly masked), ventilation, presence of dividers, and case symptomology may affect this determination.

Either (a) or (b) defines close contact if it occurred during the infectious period of the case, defined as two days prior to symptom onset to 10 days after symptom onset.

In the case of asymptomatic individuals who are test-confirmed with COVID-19, the infectious period is defined as two days prior to the confirming lab test and continuing for 10 days following the confirming lab test.

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Required Actions if Individuals with Test-confirmed Cases Have Been in a School or in an Area Where extracurricular Activities Are being Conducted

1. If an individual who has been in areas where extracurricular activities have been conducted is test-confirmed to have COVID-19, the school will notify the local health department, TEA and other teams in accordance with applicable federal, state and local laws and regulations, including confidentiality requirements of the Americans with Disabilities Act (ADA), HIPPA, and Family Educational Rights and Privacy Act (FERPA).
2. LCISD will close areas that were used by the individual with the test-confirmed case (student, teacher, or staff) until the non-porous surfaces in those areas can be disinfected, unless more than 7 days have already passed since that person was on campus or in the areas.
3. Consistent with school notification requirements for other communicable diseases, and consistent with legal confidentiality requirements, LCISD will notify all teachers, staff, and families of all students in a school if a test-confirmed COVID-19 case is identified among students, teachers or staff who participate in any extracurricular activities. If the person who is test-confirmed to have COVID-19 participated in a contest against another school(s), LCISD must notify other school(s) and sports/contest officials involved in the contest.
4. Upon receipt of information that any teacher, staff member, student, or visitor who has participated in extracurricular activities, including an individual working or attending practices, is test-confirmed to have COVID-19, LCISD must submit a report to the Texas Department of State Health Services via an online form. The report must be submitted within three business days of the COVID-19 case information being received by the school.

LCISD will comply with all reporting requirements. As these requirements change, LCISD will adapt reporting protocols to meet local, state and federal requirements.

Performance Areas, Band Halls, Locker Rooms and Other Congregate Settings

1. LCISD will make hand sanitizer, soap and water, or similar disinfectant readily available to students and staff in these areas. Staff will be responsible for fogging and disinfecting daily.
2. All congregate areas will be regularly and frequently cleaned and disinfected including all frequently touched surfaces such as doorknobs, tables, chairs, lockers, and restrooms.
3. Students are asked to not keep excess items in lockers. Any equipment kept in student lockers and/or in these areas will come into contact with disinfecting. LCISD will develop a plan for managing the storage, cleaning and disinfecting, and redistribution of student equipment. Coaches may prohibit the use of locker rooms at any time.
4. LCISD will identify staff to monitor locker rooms and other areas where students may congregate to ensure effective use of school protocols. When possible, staff will open

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windows and/or doors or otherwise work to improve airflow by allowing outside air to circulate in these areas.

5. LCISD will require staff and students to wear face coverings while inside locker rooms, meeting rooms, training rooms, band halls and other areas where students may congregate other than shower facilities.
6. When possible, all practices will be held outdoors.

Practice and Rehearsal Activities

In addition to the above general guidelines and rules in the UIL Constitution and Contest Rules and UIL manuals and handbooks, the following applies to all extracurricular practice activities during the 2020-2021 school year.

1. All surfaces in practice areas should be thoroughly disinfected throughout and at the end of each day.
2. Any equipment should be regularly disinfected before, during, and after practice sessions.
3. LCISD may provide food, water or other drinks. If students or staff are provided these items, they must be provided in a manner that ensures students are not sharing items.

Game, Contest, and Event Management

In addition to the above guidelines and rules in the UIL Constitution and Contest Rules and UIL manuals and handbooks, the following applies to games, scrimmages, and events:

Teams and Participants

1. LCISD will follow TEA guidance related to transportation. Parents will be permitted to drive their child to and from all events. If the student arrives after the established report time, they will not be provided the opportunity to participate in the extracurricular activity.
2. Teams and participants are required to wear face coverings as described in Executive Order GA-29.
3. As the host site coaches/sponsors will designate a cleaned and disinfected area for teams to unload and load buses separate from fans, spectators, and other individuals not essential to the team or group.
4. Visiting team /group locker rooms will be cleaned and sanitized by the host site before the visiting team arrives. Visiting teams/groups are responsible for cleaning and disinfecting equipment once it is unloaded. Access to these facilities will be limited to only students and staff essential for the game, contest, or event.
5. Before each game, contest, or event, LCISD will follow the screening protocols described above to screen all staff members, contractors, volunteers, sports officials, contest judges, and any individuals otherwise involved in working the event. These individuals should also self-screen as described in these screening protocols.

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6. Fan and spectator areas including bleachers, stands, walkways, and other spectator areas will be at least six feet from team /group areas such as team benches or performance areas.
7. Other areas used by participants, such as press box areas, will be cleaned and disinfected prior to and after use
8. LCISD will provide sports and contest officials an area to enter and exit separate from fans when possible. Officials will be provided a dressing and meeting area, if applicable, that has been cleaned and disinfected prior to their arrival.
9. Pregame or pre-event meetings between teams and/or sports and contest officials will be planned to allow appropriate distancing between individuals.
10. Pregame and post-game gestures of sportsmanship will be conducted between teams and sports and contest officials in ways planned to help reduce the risk of spread of COVID-19.
11. Individuals not essential to the team or group will not be given access to contest areas, performance areas, courts, or fields at all before, during, or after contests and events. No onsite access passes will be issued.
12. LCISD is a member in four (4) UIL Districts for athletics. Limitations for events will be based on DEC decisions and are subject to change without notice.

LCISD reserves the right to limit ticket sales, limit participation and limit fans based on COVID-19. Changes may be made at any time throughout the year.

Student Groups not directly involved in the game or contest

Student groups such as marching bands, cheerleaders, drill teams, and other groups approved by the DEC may attend and perform at games or contests in which they are not competing.

LCISD will determine which student groups are permitted to attend games on a weekly basis.

1. These student groups will remain separate from the game or contest participants at all times. These student groups will avoid mixing with fans or non-group members throughout the game or contest.
2. Students are required to wear face coverings as described in Executive Order GA-29.
3. Student groups will remain in their designated area at all times.
4. Students will maintain appropriate distancing from game or contest participants at all times, including when on the sideline.

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Spectators, Audiences, Fans and Media

LCISD may allow spectators to attend games, contests, or events within a maximum 50% capacity limitation will be determined by each individual event, provided that appropriate spacing between spectators is maintained according to the protocol, and according to the following:

1. LCISD will post visible signs and/or messaging stating any individuals who are confirmed to have, suspected of having, are experiencing symptoms of, or have been in close contact with an individual who has been confirmed to have COVID-19 should not enter the facility.
2. Spectators, audiences, fans and media are required to wear face coverings as described in Lyford CISD facemasks requirements.
3. LCISD may utilize remote ticketing options to help manage capacity limitations within a maximum 50% occupancy. Ticket sales may be required prior to an event. Fans and visitors should contact the school/athletics office prior to the game/event for details.
4. Groups will maintain at least six feet of distance from other groups at all times, including the process of admission and seating.
5. LCISD will not allow seating in consecutive rows, and will block off seating to maintain a minimum six feet of distance between groups. Fans and visitors will not be permitted to sit in areas that have been blocked.
6. Pathways for spectator entering and exiting will be clearly marked and followed.
7. LCISD will provide hand sanitizing stations and/or hand washing stations at entrances and inside the facility.
8. Seating, hand rails, and other common surfaces should be cleaned and disinfected prior to each event, game or contest.
9. Press Box seating should include social distancing of at least six feet between individuals when possible.
10. LCISD will limit access to working media providing coverage of the event to ensure protocols are followed.
11. Post-game interviews will be conducted while wearing face coverings and maintaining at least six feet of distance between the interviewer and individual being interviewed.
12. Visitors are not allowed to congregate. Access will be limited to seating and restroom access (social distance enforced).
13. After events school facilities will be cleared of fans and no congregation of fans will be permitted.
14. Rest room access will be limited and will be monitored for social distancing

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15. LCISD asks that all attendees wash hands for 20 seconds to limit spread of infection.

Concession Stands and Food Service

Concession stands will not be allowed at LCISD events. Spectators will be allowed to bring their own food and drinks that meets LCISD approved items. Alcohol and other prohibited items will not be allowed.

- All drinks must be in the original container and have a screw on cap.
- No seeds will be permitted.
- All trash must be disposed of in trash cans.
- No coolers, insulated bags or cups/glasses.
- No grills, electronic cooking devices or equipment that is intended to “prepare” food.
- No sharable food or drinks (i.e. pizza, liter drinks, etc.)
- No sharing of food or drinks between socially distanced groups

COVID-19 Symptoms

In evaluating whether an individual has symptoms consistent with COVID-19, consider the following question: Have they recently begun experiencing any of the following in a way that is not normal for them?

- Feeling feverish or a measured temperature greater than or equal to 100.4 degrees Fahrenheit
- Loss of taste or smell
- Cough
- Difficulty breathing
- Shortness of breath
- Fatigue
- Headache
- Chills
- Sore throat
- Congestion or runny nose
- Significant muscle pain or ache
- Diarrhea
- Nausea or vomiting

Screening Questionnaire Information

1. When asking individuals if they have symptoms for COVID-19, visitors must provide a “Yes” or “No” to the overall statement that they are symptomatic for COVID-19. A response of yes will result in restriction from school facilities.